



To Hell and Back Fire Fighter Instructor Outline

Name: _____ Rank: _____

Employer: _____ Years on the Job: _____

EMT / EMT-A / Paramedic / Firefighter / Volunteer Firefighter / Career Firefighter *(Circle all that apply.)*

Use **To Hell and Back** as a supplement to the PPE section of any firefighter safety chapter or module that covers firefighter training.

The objective for classroom instructors is to tailor **To Hell and Back** to your department. It is suggested that instructors gather burn injury data from their department to include with the classroom presentation.

NFPA and OSHA standards are included in FF Training. However, those standards can be expanded upon in a classroom setting. The following outline is only a suggestion for classroom instruction, with an emphasis on PPE.

I. Suggested instructor talking points:

- This engine pulling out of the bay is an everyday occurrence in today's fire service.
- When the alerting system rings throughout every firehouse, men and women like this crew, kick off their shoes and leave them on the bay floor. They head out those doors to render assistance to what ever emergency they are called to assist.
- Every fire fighter expects to return to their shoes when the call is complete. Statistics show that between 100-110 firefighters per year do not return to fill those shoes.
- We know that fighting fires and engaging in emergency operations is a dangerous occupation.
- We know that some of the fire fighters that do return are left with pain, emotional suffering, and irreversible physical damage due to sustaining burns while engaging in the occupation.
- It is up to administrators, instructors, and mentors to set a good example, and then lead by teaching the proper principles of back to basics fire fighting and reduce the risk of receiving burn injuries.
- In order to fill these shoes each and every day, it is the fire fighters' job to properly don protective equipment supplied by respective departments.
- Understanding the limitations and the proper maintenance of PPE will also assist in the reduction of personal risk in the prevention of burn injuries to first responders.

Use current data from USFA and NFA Web sites stating burn injuries to current date of delivery.

